

CAREERS & JOBS

IN TASMANIA

**EXPLORE THE
POSSIBILITIES**

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**Everyone is at different stages of
their career and employment journey**

**Still at school and thinking about
career pathways and future work?**

Looking for work for the first time?

**Looking for a career change or
different job?**

Want to be self-employed?

Future of Work

There is help out there to update your skills or take your first steps

Our world is changing fast and so are the types of jobs.

As the latest research indicates that many will experience up to five career changes and 17 different employers in their working lives it is impossible to predict the exact collection of skills and knowledge that you will need in the future.

However, we do know that to live effectively with change, you will need to be flexible, creative, good at problem solving and have a sense of optimism about your future.

Take charge of your own destiny!

Don't know where to start? - Start with YOU

Never has it been so easy to find information but it can lead to information overload! Ask yourself some questions and think about what you are finding out about yourself.

What really interests me is.....I love being.....I learn by.....I am excited when.....I hate it when.....my ideal job would be.....I get stressed if.....I dream about.....Am I a leader?.....Do I like working by myself or as part of a team?

Google Websites and find some good career sites and skill surveys to help **you** understand more about yourself, your values, interests and skills.

Sites could include:

Skills Tasmania

<https://www.skills.tas.gov.au/learners> 1800 655 846

<https://careerify.tas.gov.au>

www.reachout.com

Career Quiz | JobOutlook Skills Match | JobOutlook

<https://careerify.tas.gov.au/>

Talk to career pathway officers or career adviser agencies set up to help you find work.

No internet access or phone credit? - visit your nearest Library for free access

Remember every individual takes a different path

It's never too late to learn!

What sort of learner are you?

Did you know we all learn in different ways? The traditional school system may not have been in line with your preferred style of learning.

Research has identified three distinct communication and learning styles:

- **Visual - learning by seeing** (pictures, diagrams, demonstrations, films, videos)
- **Auditory - learning through hearing** (audiotapes, lectures, debates, discussions, verbal instructions)
- **Kinaesthetic - learning through doing** (moving, touching, experiencing)

We all utilise all three types of learning modes but most people display a preference for one over the other.

The brain is able to rewire itself following damage and continues to create new neural pathways and alter existing ones in order to adapt to new experiences, learn new information, and create new memories.

Want to know more?

Google - Multiple Intelligence, Emotional Intelligence, Brain Research

Keep on learning the way you learn best!

What are your personal values?

'Your definition of happiness will influence every significant decision in your life' (The Happiness Project - Robert Holden)

Think about what is most important to you in your life. What is it that really motivates you? Think about what makes you happy.

The answers to these kinds of questions are your values.

The importance of networks

No matter how much you love your job, you should always be looking for ways to build your networks. A strong network allows you to get advice from trusted sources, to find career opportunities, and to support the careers of others.

Value your friends and networks - the more you give the more you receive!

Surround yourself with people with whom you can share your journey

Take care of yourself on the journey!

Stay up to Date with Courses & Training Options

Ring around and find the right service to help you create your future focussed on your skills, abilities and goals

Courses

TasTAFE - Which Career Pathway Should You Choose?
– Call 1300 655 307

UTAS (University of Tasmania) – Call 1300 363 864

Talk to the team for help in beginning a course at the university as there are many options and pathways on offer

Riawunna Centre - Call 62 262 772 (South) 63 243 491 (North) 63 243 491 (North West)

This Centre provides a culturally welcoming space for Aboriginal and Torres Strait Islander students to study, access academic and cultural support, and to be part of the University of Tasmania.

Study online or offline by USB

ACS Distance Education - Call (07) 5562 1088
www.acs.edu.au

Open Colleges - Call 1300 164 191
<https://www.opencolleges.edu.au>

Apprenticeships & Traineeships

The right career for you could start with an apprenticeship or traineeship which gives you the opportunity to combine work and training while undertaking a nationally recognised course.

Training is available to anyone aged 15 years and over, in more than 500 occupations across a range of different industries.

For free help call MEGT/Career Hub 1300 562 482 or MAS 1300 627 628

Self - Employment

Can you turn a passion or hobby in to a business? Enrol in a business management course? Seek advice from a Job Centre or Enterprise Centre near you. There are government schemes to assist you.

BUSINESS JOURNEY Entrepreneurs' Programme

www.business.tas.gov.au 1800 440 026

Business South - Call (03) 6229 9200
South East Employment Hub – Sorell – Call 0458 953 324
Huon Valley Business Enterprise Centre –
Call (03) 6264 3080
Braddon Business Centre – Call (03) 6431 9449

Still at school?

Youth Navigators service

<https://www.youthnavigators.com.au/>

Resources from the Department of Education (including the Vocational Learning and Careers Education unit) -

<https://careerify.tas.gov.au/>

<https://www.education.tas.gov.au/about-us/projects/years-9-12-project/>, and the <https://www.anything.tas.gov.au/plan>.

NB If you are still at school it is possible to start a traineeship or school-based apprenticeship

Jobs Tasmania has been set up around Tasmania bringing local employers together with job seekers providing dedicated employment support services including career counselling, advice on how to get job ready, and transport options.

https://www.stategrowth.tas.gov.au/jobstasmania/jobs_tasmania

Contact the Centre near you to find out more!

South East Employment Hub – Sorell

Call 0458 953 324

Southcentral Workforce Network – Pontville

Call 0418 365 541

Break O'Day Employment Connect – St Helens

Call (03) 63 111 742

Glenorchy Jobs Hub – Glenorchy

Call 1300 084 307

Northern Employment and Business Hub – Launceston

Call 0490 025 063

North West & West Coast Jobs Hub – coming soon

Southern Training & Employment Network – coming soon

Disability Support Services

If you have an injury, illness or disability, there are many organisations funded to support you.

One in five Australians live with a disability. They work in all sorts of jobs, hold tertiary and trade qualifications, as well as senior managerial positions. Some are employed in customer service, while others work in manual or technical jobs. The possibilities are endless.

CVGT – 13 28 48

Maxima – 1300 629 462

Interact – 1300 388 873

atWork – 1300 192 646

STEPS – 1300 078 377

You can kick-start your career - any experience is good experience

- Look for casual and part time work – combine it with study
- Heard about SEEK?? - [SEEK Jobs Online](#) - [SEEK Jobs](#)

<https://www.seek.com.au/>

A Complete **SEEK** Profile Can Increase the chance of employers contacting you.

SEEK Career Advice has tools and guidance to help you make your next move.

- Enquire with businesses you are interested in for work experience or a trial

What can you do while you are looking for work?

- Volunteering is a way to build confidence, networks and explore pathways. Talk to Volunteering Tasmania to find out more 1800 677 895
- Volunteer or intern with companies or organisations
The ACS Foundation provides career advice student conferences, scholarships and entry level job opportunities to help students start technology careers.
<https://www.acsfoundation.com.au> or call (02) 8296 7700
- Surround yourself with people who inspire you and ask a lot of questions
- Listen to others journeys - TED talks, videos, films

Create your own future pathways

Chosen the wrong subjects – in the wrong job?

The good thing is it's not a big deal to shift careers. You can always change to something else down the track.

Identifying transferable skills

Transferable skills are those that you develop as you progress through employment, education or training. Communication, problem solving and teamwork are all examples of transferable skills because they can be transferred between jobs, departments and industries.

Employers often value these skills because they can be used in so many ways in the workplace.

Fill in the gaps in your knowledge – investigate online learning options.

Embrace a changing world!

Didn't do well at school?? Struggling in the classroom?

Need more help? Call 26TEN and talk to someone today for free, confidential help with reading, writing and maths Ph. 1300 00 2610

If you are getting confused by all your options or need someone to talk to

- Lifeline - [13 11 14](tel:131114)
- Beyond Blue - [1300 224 636](tel:1300224636)
- Mental Health Services Helpline - [1800 332 388](tel:1800332388)
- Kids help line (services up to 25 years old) - [1800 55 1800](tel:1800551800)

WebChat

- www.lifeline.org.au 7pm-12am
- www.beyondblue.org.au 3pm-12am
- www.kidshelpline.com.au 24/7

Need to deal with some life issues?

- Alcohol & Drug Information Service – [Call 1800 811 994](tel:1800811994)
- Gambling Helpline Tas – [Call 1800 858 858](tel:1800858858)
- Ready to quit smoking – [Call Quitline on 13 78 48](tel:137848)

There's a world of support out there....CONNECT

Think outside the square!

Change your mindset, and you will not only be more successful, but probably a whole lot more contented and productive in your work life.

Anticipate events – don't wait for them to happen

Make bold decisions

Having a positive routine helps some to keep committed to having something to work towards. Set SMART (specific, measurable, achievable, realistic, and timely) goals.

If you want to get a job and have a successful career, make sure you are not thinking like your parents, teachers or grandparents did. Jobs and careers today are very different to a few decades ago.

The sky's the limit so reach for the stars!



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Local Jobs
Program

AN AUSTRALIAN GOVERNMENT INITIATIVE